

NZ mental health and addiction

Let's get real: Real Skills for people working in mental health and addiction.

Ministry of Health. (September 2008). *Let's get real: Real Skills for people working in mental health and addiction*. Wellington: Ministry of Health.

National project identifying the knowledge, skills and attitudes people need to deliver effective mental health and addiction services in New Zealand. The project was lead by the Ministry of Health and developed with sector stakeholders.

[http://www.moh.govt.nz/moh.nsf/pagesmh/8294/\\$File/letsgetreal-sep08.pdf](http://www.moh.govt.nz/moh.nsf/pagesmh/8294/$File/letsgetreal-sep08.pdf)

Te Kōkiri: The Mental Health and Addiction Action Plan 2006–2015

Ministry of Health. (August 2006). *Te Kōkiri: The Mental Health and Addiction Action Plan 2006–2015*. Wellington: Ministry of Health.

This plan has been developed to directly implement Te Tāhuhu – Improving Mental Health 2005-2015: The Second New Zealand Mental Health and Addiction Plan.

[http://www.moh.govt.nz/moh.nsf/pagesmh/5014/\\$File/te-kokiri-mental-health-addiction-action-plan-2006-2015.pdf](http://www.moh.govt.nz/moh.nsf/pagesmh/5014/$File/te-kokiri-mental-health-addiction-action-plan-2006-2015.pdf)

Te Puāwaiwhero - The Second Maori Mental Health and Addiction National Strategic Framework 2008-2015

Ministry of Health (2008) *Te Puāwaiwhero - The Second Maori Mental Health and Addiction National Strategic Framework 2008-2015*. Wellington. Ministry of Health.

The Second Maori Mental Health and Addiction National Strategic Framework 2008-2015 reinforces current mental health and Māori health policy. This includes the overall aim of He Korowai Oranga, and whānau ora: Māori families supported to achieve their maximum health and wellbeing, and Te Tāhuhu - Improving Mental Health.

This document has been developed to update Te Puawaitanga, the first Māori Mental Health National Strategic Framework, published in 2002 and directly implement Te Tāhuhu, Te Kōkiri and He Korowai Oranga.

[http://www.moh.govt.nz/moh.nsf/pagesmh/8184/\\$File/TePuawaiwhero.pdf](http://www.moh.govt.nz/moh.nsf/pagesmh/8184/$File/TePuawaiwhero.pdf)

Te Raukura Mental health and alcohol and other drugs: Improving outcomes for children and youth

Ministry of Health. (December 2007). *Te Raukura Mental health and alcohol and other drugs: Improving outcomes for children and youth*. Wellington: Ministry of Health.

Te Raukura addresses the mental health and alcohol and other drug needs of children and youth describes the key issues the child and youth mental health and alcohol and other drug sector faces and identifies priorities for action over the next three to five years. It provides a high - level current profile of child and youth mental health and AoD services that includes a summary of evidence, a set of principles and a description of how services are currently organised. Te Raukura links directly to Te Tāhuhu - Improving Mental Health 2005-2015: The second New Zealand Mental Health and Addiction Plan, and Te Kōkiri: The mental health and addiction action plan 2006-2015.

[http://www.moh.govt.nz/moh.nsf/pagesmh/7461/\\$File/te-raukura.pdf](http://www.moh.govt.nz/moh.nsf/pagesmh/7461/$File/te-raukura.pdf)

Te Tāhuhu: Improving Mental health 2005-2015: The Second New Zealand Health and Addiction Plan.

Ministry of Health. (June 2005). *Te Tāhuhu: Improving Mental health 2005-2015: The Second New Zealand Health and Addiction Plan*. Wellington: Ministry of Health.

Te Tāhuhu: Improving Mental Health outlines Government policy and priorities for mental health and addiction for the 10 years between 2005 and 2015, and provides an overall direction for investment in mental health and addiction. It builds on the current Mental

Health Strategy contained in Looking Forward (1994) and Moving Forward (1997), and the Mental Health Commission's Blueprint for Mental Health Services (1998).
[http://www.moh.govt.nz/moh.nsf/0/F2907744575A9DA9CC25702C007E8411/\\$File/tetahuhu-improvingmentalhealth.pdf](http://www.moh.govt.nz/moh.nsf/0/F2907744575A9DA9CC25702C007E8411/$File/tetahuhu-improvingmentalhealth.pdf)

Read Online:

<http://www.moh.govt.nz/moh.nsf/238fd5fb4fd051844c256669006aed57/698757f92b6cd9e3cc25703b0009a083?OpenDocument>

Te Puawaitanga - Māori Mental Health National Strategic Framework

Ministry of Health. (April 2002). *Te Puawaitanga - Māori Mental Health National Strategic Framework*. Wellington: Ministry of Health.

The purpose of this Māori Mental Health Strategic Framework is to provide District Health Boards with a nationally consistent framework for planning and delivery of services for tāngata whaiora and their whānau, so they can meet the Government's mental health policy objectives for Māori over the next five years.

[http://www.moh.govt.nz/moh.nsf/82f4780aa066f8d7cc2570bb006b5d4d/76bcfc62ef772291cc256baa000f2ae0/\\$FILE/MaoriMentalHealthNationalStrategicFramework.pdf](http://www.moh.govt.nz/moh.nsf/82f4780aa066f8d7cc2570bb006b5d4d/76bcfc62ef772291cc256baa000f2ae0/$FILE/MaoriMentalHealthNationalStrategicFramework.pdf)

Read Online:

<http://www.moh.govt.nz/moh.nsf/238fd5fb4fd051844c256669006aed57/4000e4e5fde04a01cc256e43006efbef?OpenDocument>

Te Rau Hinengaro: The New Zealand Mental Health Survey

MA Oakley Browne, JE Wells, KM Scott (eds). (September 2006). *Te Rau Hinengaro: The New Zealand Mental Health Survey*. Wellington: Ministry of Health.

The report includes a chapter on Māori mental health and also contains information by ethnicity which has not previously been available.

[http://www.moh.govt.nz/moh.nsf/pagesmh/5223/\\$File/mental-health-survey.pdf](http://www.moh.govt.nz/moh.nsf/pagesmh/5223/$File/mental-health-survey.pdf)

National Mental Health Information Strategy Implementation Plan 2006

Ministry of Health. (August 2006). *National Mental Health Information Strategy Implementation Plan 2006*. Wellington: Ministry of Health.

The Implementation Plan follows on from the National Mental Health Information Strategy. It outlines progress made towards the goals of the Mental Health Information Strategy and identifies priorities for the future.

[http://www.moh.govt.nz/moh.nsf/pagesmh/5071/\\$File/national-mental-health-implementation-plan-2006.pdf](http://www.moh.govt.nz/moh.nsf/pagesmh/5071/$File/national-mental-health-implementation-plan-2006.pdf)

Te Orau Ora: Pacific Mental Health Profile.

Ministry of Health. (April 2005). *Te Orau Ora: Pacific Mental Health Profile*. Wellington: Ministry of Health.

This is the first specifically-Pacific document to be published by the Mental Health Directorate of the Ministry of Health. Descriptive in nature, Te Orau Ora contains both demographic and mental health information that will provide an overview of the mental health status of Pacific peoples in New Zealand.

[http://www.moh.govt.nz/moh.nsf/0/EAC2CA26D8436DDBCC256FF800767035/\\$File/pacificmentalhealthprofile.pdf](http://www.moh.govt.nz/moh.nsf/0/EAC2CA26D8436DDBCC256FF800767035/$File/pacificmentalhealthprofile.pdf)

Tauawhitia te Wero – Embracing the Challenge: National mental health and addiction workforce development plan 2006-2009.

Ministry of Health. 2005. *Tauawhitia te Wero – Embracing the Challenge: National mental health and addiction workforce development plan 2006-2009*. Wellington: Ministry of Health.

Tauawhitia te Wero provides a framework for the development of the mental health and addiction workforce over the next four years.

[http://www.moh.govt.nz/moh.nsf/0/907133A014195387CC2570DC00121236/\\$File/TTWBK.pdf](http://www.moh.govt.nz/moh.nsf/0/907133A014195387CC2570DC00121236/$File/TTWBK.pdf)

Download MSWord document: <http://www.moh.govt.nz/moh.nsf/pagesmh/3611>

Census of Forensic Mental Health Services 2005.

Ministry of Health.(April 2007). *Census of Forensic Mental Health Services 2005*. Wellington: Ministry of Health.

In 2001 the Ministry of Health published *Services for People with Mental Illness in the Justice System: Review Findings*. This presented a picture of the forensic mental health service in New Zealand at that time, and made recommendations for future service requirements. Since this, in 2005, the Ministry has conducted this census. The census data compares results with the 2001 Review Findings.

[http://www.moh.govt.nz/moh.nsf/pagesmh/6045/\\$File/census-forensic-mental-health-services-2005.pdf](http://www.moh.govt.nz/moh.nsf/pagesmh/6045/$File/census-forensic-mental-health-services-2005.pdf)

Download MSWord document: <http://www.moh.govt.nz/moh.nsf/indexmh/census-forensic-mental-health-services-2005>

Office of the Director of Mental Health – Annual Report 2005

Ministry of Health. (November 2006). *Office of the Director of Mental Health – Annual Report 2005*. Wellington: Ministry of Health.

A report on the activities of the Office of the Director of Mental Health.

[http://www.moh.govt.nz/moh.nsf/pagesmh/5480/\\$File/office-director-mental-health-annual-report-2005.pdf](http://www.moh.govt.nz/moh.nsf/pagesmh/5480/$File/office-director-mental-health-annual-report-2005.pdf)

Office of the Director of Mental Health – Annual Report 2006

Ministry of Health. 2007. Office of the Director of Mental Health: *Annual Report 2006*. Wellington: Ministry of Health.

A report on the activities of the Office of the Director of Mental Health for 2006

[http://www.moh.govt.nz/moh.nsf/pagesmh/6896/\\$File/office-director-mental-health-annual-report-2006-v2.pdf](http://www.moh.govt.nz/moh.nsf/pagesmh/6896/$File/office-director-mental-health-annual-report-2006-v2.pdf)

Office of the Director of Mental Health – Annual Report 2007

Ministry of Health. 2008. Office of the Director of Mental Health – *Annual Report 2007*. Wellington: Ministry of Health.

A report on the activities of the Office of the Director of Mental Health for 2007

[http://www.moh.govt.nz/moh.nsf/pagesmh/8732/\\$File/office-director-mentalhealth-ar07.pdf](http://www.moh.govt.nz/moh.nsf/pagesmh/8732/$File/office-director-mentalhealth-ar07.pdf)